AN OVERVIEW OF THEORIES OF PSYCHOPATHOLOGY
WITH AN EMPHASIS ON ADDICTION

Muhammad Khyzer Bin Dost 1, Muhammad Wasim Akram 2, Saeed Sharifi 3
1Patron, Zainab Arabian Research Society for Multidisciplinary Issues
2Research associate, Zainab Arabian Research Society for Multidisciplinary Issues
3Department of Cultural Management, Isfahan Science and Research Branch, Islamic Azad University, Isfahan

Abstract
Addiction to drugs and alcohol is one of the worst problems and diseases that in the present age, particularly among young people have found intensity. All divine religions know forbidden alcohol and narcotic drugs. Medical science has confirmed fatal to the dangers of these substances. However the continued prevalence of drug abuse among young people is increasing. The present article is to review the various perspectives on the causes of drug side tends to have an overview of mental and psychological theories have in this area.

Keywords: Drugs, Addiction, Psychological Theories, Psychopathology

1- Introduction
One of the topics discussed in psychology that is what the science called mental processes and behavior study [1] discuss the psychological pathology to investigate mental pathology the causes of mental disorders and pays in the development of important processes [2] A variety of disorders in mental pathology case of the discussion takes place. One of the topics discussed on the subject of psychological pathology of addiction and dependence on substances [3]. Addiction is mandatory requirements to the use of habit-forming drugs and an irresistible demand on behavior.

It is a kind of recurring mental illness addiction that the addicted person in spite of all the side effects of opioid medication consumption, it will consume. Whether the addiction must be considered a crime or disease, there are different points of view. Opinion on the shamlu (1384) meaning of addiction broad which is a behavioral habit, on the person to be so dominating that healthy behaviors to spread or he can influence. And they dominate the below brings, In practice, the term addiction, to use frequent and too much drugs, stimulants and alcohol is called. Of course the intense emotional attachment to that person and the physical. To better understand this subject now in the wake of the mental addiction-related reviews and effective factors on it.

2- Effective Factors on Addiction
Addiction to opium and opiates is a multi factorial process that there several factors in the type of effects and the consequences of addiction is effective. Social, economic and cultural factors, psychological, physiological and biochemical addiction at all stages (causes, garlic,
progress and even cure it) must be used according to the case. Hence identifying the nature of drug addiction is not the same in different social groups of radios. Of course, today, the World Health Organization in terms of addiction is not known and acceptable term in 1964 to replace the so-called medicinal dependence addiction has recommended.

For the treatment of drug addicts can be of psychotherapy combined with drug therapy used. Psychotherapy as a form of cognitive-behavioral therapy or insight into or other forms of professional efforts, follows a common goal and makes it, to prevent the recurrence of disease is addiction and return [4].

Psychotherapy of addiction will be successful when the mental health setting for integrated activities to help addicts and their problems solved and a better life in the various fields of social relations and, in particular (in terms of professional) to create [4]. Materials and medicines can behave for the key genes and their gene on or off. The gene can explain why some are more than others are exposed to drug addiction. The researchers found that the drugs have the same Active dopamine system to it, with a fresh experience can also be on turned. Hence people who are looking for a new experience, they may be trying to provoke the same device the main dopamine. If they do not do a new experience, they may be trying to provoke the other way, such as taking.

In the center of the problem the addicted person is a collection of opinions there is addiction that appears to be from the Basic, such as recognizing "I am no helper ", "lonely" or "Excluded" are caused by damage. The basic beliefs of the interaction with produced pressure causing factors of life, anxiety, feelings of boredom or anger would increasingly stressful situations or the actuator are not directly liable to incite whim, but with those associated with drug cravings can be led.

Although we have the term stimulus position to work we must, according to the real estate, is neutral. The meaning of this is that beliefs and bonded into position, create individual whim. The duty of the therapist is to help the patient to decode the signal. It may seem that order to abuse the drug with stimulant has been surrounded. For example any show or mention of the drug in the television, radio or magazines, it may be sufficient to stimulate the person.

The addicted person actually is, i.e. impulse schema her reactions by making the inner cognitive schemas which are termed to be produced. This is the schema containing the secret formula, or recognizing that they link to the semantic position. Thus, a schema which contains opinion "is necessary for my happiness drug consumption is the proper position when the face of an individual will be priority.

3- Theories of Dependence and Abuse of Drug
Scientists tend to use drugs for a variety of theories have been offered. Existing theory can be found in many of view of biology, psychoanalysis, cognitive approach, behavioral approach and learning psychology, social psychology, Perspectives of Islam, sociology and criminology proposed.

1- Perspectives in Biology
According to this view, all mental events with brain, nervous system and hormones linked. For a clear understanding of human behavior and brain function should be examined because biological processes - neural underpinnings of human behavior to make up. Explain the biological addiction, through debates because the reward center, opiate receptors and the role of genetic factors should be evaluated.
2- The Theory of Nils Bejerot
Bejerot theory is the theory of addiction to pleasure. He was her theory says all the stimuli as pleasurable stimuli, inconvenient and ineffective are classified. Light and effective steps in the physiology of the mechanism of the midbrain and the limbic system have analyzed. Olds and Milner (1954) in the theory of addiction the pleasure Center in the stimulation of sustainable return is considered to be that in the form of repetitive behavior suggests.

3-The of theory Mark Hochhauser
Theory of control of Mark Hochhauser in Cornobiological of the chemical variables that combine biology and behavior, and is an observer to the aspects of biology is the Scheduler makes the material effect to the changes in the Cornobiological are sensitive. The specified number of Cornobiological are boarding rhythms (about 24 hours), daily/nightly (changes in a clear and dark periods), (less than 24 hours), the monthly and yearly rhythm understanding Cornobiological and how they affect behavior or are influenced by it, for a more complete understanding of the basic material-subject interactions. (Hochhauser, 1978).

2- Perspective of Psychoanalysis
The role of psychological sexual addiction-growth stages: Freud believes that the growth of the human psychological sexual crosses the steps – and the transformation of public sexual instinct is the growth of the organization. Along with this instinct, energy (libido) it gradually moved to other parts of the field, and in any of these transports is a psychological phase-update the sex that in order are:

1- Oral stage
2- Anal stage
3- Phallic stage
4- Latency stage
5- Genital stage

Freud Believed Back Stage drinker's mouth. At this stage the child from any liability release and is totally dependent on outside factors. Adler compensates alcohol to escape the humiliation thought and came to the conclusion that drinking to dispel feelings of emptiness, denial, despair and frustration in life. Psychoanalytic theories have often characterize the addicted person is stabilized on oral stage.

4-The role of the evolution of souls in addictions:
In terms of its growth pattern of individual psychoanalysts, the souls of the three evolutionary phase passes:

A) Id
It is part of the souls, which is truly the person comes to the pleasure principle and the function is. The institution has always been trying to your wishes and desires to satisfy. Since the bonus Center addiction behaviors (steps) to the active, addictive relationships with this part of souls, is near. Addicts in the wake of the immediate demands of the institution of satisfaction and are therefore ignored the requirements of their position [1].

B) Ego
With the evolution of the character the fact that it grow gray. To satisfy the demands of our institution acts as realistic. This means that if the possibility of fulfilling these demands is not
practical, the entity will control up to satisfy those desires to fulfill its terms until the delay. 
Their other function is to serve as a mediator between the insatiable desires and ideals of 
other part of the radical character of rigor (Super ego) and thereby creates a balance in the 
structure are souls. In fact, the Executive Director of souls, because it decides which of the 
institution must satisfy the demands. In one of the contemporary psychoanalysis her disorder 
is considered the reflection of addiction caused by the inability of a person to reality is zero 
there. When this part of the disturbed souls, a person cannot be momentum that addiction 
behaviors on intentions, not control.

(C) Super Ego
In addition to his injury, another factor in the evolution of souls, which can because addiction 
is hard to learn their tendencies is stuck. Super Ego, part idealist and souls constitute the 
moral. This part of the moral conscience that is almost equivalent to the souls, which in effect 
would have and Don't of parents to the child to be issued, will be strengthened. Super Ego is 
always opposed to satisfy the demands of the institution is issued by the person, and if that 
behavior inconsistent with their orders to be learns guilt and anxiety brings into existence. 
Since the drug is effective in relieving a person's anxiety, learn their psychoanalysts believe 
that those who have the rigor and discipline if they are to reduce the stress caused by the 
alcohol on the subconscious, they learn to find relief from the pressures of their bits. One of 
the sentences is Super Ego psychoanalysis alcohol solved [1].

5-The Role of Period of Adolescence in Addiction:
The most risky period of life started to consume the material period of adolescence, 
According to the non-family members, arrested in the case, and an unwarranted expectations, 
regardless of the sensitivity of this volume and contrasting values and expectations and social 
adaptation disorders, family and individual personality undesirable areas to ease him in this 
period, various deviations in front makes vulnerable.

6-Defense Mechanisms and Addiction
Sometimes addicting behavior, through the analysis of defense mechanisms. An indirect 
response to addiction is in front of the action for outer and inner that does not suffer by the 
person tries to reduce its internal problems and the relief, The role of personality traits in 
adictions:

A relatively stable pattern of souls, traits, tendencies, or features that the durability to 
the behavior of individuals and personal traits or permanent readiness, in terms of Raymond 
Cattell and Hans Ayzeng, Chief for the understanding of the behavior of the are variables.

There is various personality traits associated with addiction. Of these, some of the more 
predictable traits of addiction and the possibility of suicide is generally the individual 
responsibility of the applicability of that image, control or express the feelings of anger, guilt 
and painfully like the shell does not come. These traits include: adventure, fantasy, fantasy, 
gay, they risk, anxiety, due to savings, early negative belief, affiliation, ideology and 
curiosity. In addition to personality traits, some personality disorders as well, a person makes 
vulnerable against addiction.

Then turn to the existing disorders aggravated the vicious circle and continues. 
Personality disorders are non-adaptive behavior of the instruction. When the properties of the 
souls are so inflexible and non-adaptive functioning person dramatically impair disturbances 
in this case are converted to personality. Personality disorders are actually false practices and 
problem-solving and the entire Office to cope with the mental pressure they are.
Although the specific personality type, and none have been identified but the addicts addiction because people, intending to reach the goal that is related to the individual souls, which in about 70 percent cases, along with other psychiatric disorders, addiction is also there.

The most common diagnoses include: major depression, depression, obsessive compulsive disorder, panic disorder, concentration-mania, schizophrenia, antisocial personality disorder and phobias. Addiction usually with many mental disorders, such as conduct disorder in adolescents is also along.

On the whole, the mental derangement of personality can be as vulnerable in the face of addiction, so according to the contents of the mentioned disorder sufferers souls, easier to find trends and Panama are addicted. Of course, most of these patients are also not addicted.

7-Cognitive Approach and Lighting News
Based on cognitive perspective, not because of environmental events addiction but also picked up imaginings of people and events that make a person's tendency to be addictive. The positive result of their addiction behaviors of drug users and their experience to assess the positive method, unless they experience a negative is called. Although the material more than consumers from the effects of the article made the impact their expectations of accept is influenced by the consumption of the substance. The origin of the expectations, previous experience, expectations and taking the position of friends, mass media and specialized testimonials. Consumer beliefs often about an article and not its chemical structure determine that the consumer is faced with what impact. Based on a cognitive approach, some of the features that people are exposed to the addiction include:

1- Too much sensitivity to their feelings and others
2- Lack of motivation for behavior control
3- The thrill of ambition, impatience and suffer
4- Heading down to suffer failure
5- Not having the pleasure of society-friendly business practices
6- Feel despair to achieve goals
7- Impulsivity

8-The Control Location Theory (documents) and Addiction:
Attributive theory on cognitive process that is a matter of perception of causality to conduct checks. Hence the concept of individual perception and behavior more in social interaction, which is within the framework of social psychology, is a great application. A lot of people won't controlled locations are outside and he has to have control over their destiny and what is going on outside factors, such as their luck, fate and other people. They believe that drug addiction because of those behaviors, community, family, school, workplace or friends. It is thought that addicts in marriage, life, occupation and education in their own bad luck and it would have of the role.

9-Social Psychology approach
Social Psychology, who started it by American psychologist William McDougall in 1908 and an American sociologist named Edward Ross in the same year scientific study to understand social behavior, pays. Social psychology is the study of the question of how a person's thoughts, feelings and behaviors affect on others and accepts others' influence. Social Psychology, as well as to study the different types of relationships between people like friendship, altruism, prejudice, aggression, obedience and conformity, as well as power pays.
10-Islamic Perspectives on Addiction

In Islam, alcoholic drinks and drinking addiction all have been severely condemned. For example, God says in the Holy Quran:

«يَا بَيْلَادِ النَّاسِ أَنْ تُخْرَجُواْ النَّحْرَاءَ وَالْمَيْسَرَ رِجْسٍ مِّنْهَا أَلْيَاءَ لَهُمْ وَالشَّيْطَانُ فَإِذَا تَأَ ثَكَلُواْ فَتُذْهَبُواْ لَكُمْ ١٠٩٠»

O believers, wine and arrow-shuffling, idols and divining-arrows are an abomination, some of Satan's work; so avoid it; haply so you will prosper. (Al-ma’ida, 90)

Ibid. «يِذْرِيدُ الْشَّيْطَانُ أَنْ يَوْقَعِ يَتَكَلُّواْ فِي اَلْخَمْرِ وَالْمَيْسَرِ يَتَصَدَّكُمْ عَنِ الْرَّحْمَةِ وَعَنِ الصَّلاةِ فَلَمَّا نَفُقَّدُوهُ»

Satan only desires to precipitate enmity and hatred between you in regard townie and arrow-shuffling, and to bar you from the remembrance of God, and from prayer. Will you then desist? ( Al-ma’ida, 91)

They will question thee concerning wine, and arrow-shuffling. Say: In both is heinous sin, and uses for men, but the sin in them is more heinous than the usefulness.' They will question thee concerning what they should expend. Say: 'The abundance.' So God makes clear His signs to you; haply you will reflect (Qur'an, Albgherh, 219)

4- Discussion and Conclusions

Drug addiction is one of the most important is that most of today's societies young people put at risk. This article briefly to the theory that the reasons for the addiction from the perspective of biology, psychology and behavioral analysis and explaining case.

Desire in the fide finds drugs and without regard to the consequences and side effects it wants to satisfy the drug through the pay itself. In General cognitive perspective based on the discussion, not because of environmental events addiction but also picked up imaginings of people and events that make a person's tendency to be addictive.

Also in this approach is believed to be that the man is not bad but not good behavior on the effect of environmental stimuli comes into existence. Healthy behaviors such as the incompatibility of human behavior through learning the business.

Based on the perspective of cognitive environment, all mental events with activities of the brain, nervous system and hormones linked human behavior should be obvious to know ... and the brain will function.

The inner thoughts and feelings of all therapists will be able to determine which subjects it would be deemed to be the study of, and believe that the psychotherapist can these thoughts and feelings to help subjects use. The wide range of these procedures by the leaders of the cognitive and movement within or outside of this movement has been devised and employed, for a kind of eclectic list and thanks for the help-seekers accordingly.
Reference