FACTORS PLAY IN CHILDREN'S COGNITIVE DEVELOPMENT

Haghghat zadeh. Rahele.
University of Isfahan, Isfahan, Iran

ABSTRAC

Young children can not have their opinions and ideas are expressed clearly through words and speech. Play a major part of the baby's life growing up and his personality is. Recognize the gaming world and learn about good morals and good social traits is happiness and delight children and provide for expansion, cooperation and altruism and obedience to the laws of learning, the scope of his visualization unfolds And familiarizes children with a variety of jobs. The process of the game and consider it as one of the activities that the children will always have questions that psychologists. But the evolution of the concept of psychology is changing.

Key words: children, games, character development, play therapy, cognitive world remedies

Introduction:
Has played a major role in various aspects of development, including emotional, physical, social and cognitive is. Seems to be a rapidly changing environment, especially in the era of the twenty first century we face the possibility of playing for children less toDue to economic problems, particularly the involvement of the parents, the children are playing less and it is possible that the healthy growth of children can be endangered Therefore, the objective of this article is to consider the importance of play and its role in child development, particularly the development of cognitive processes.

Method: This study is a qualitative

Defining game:
Reber thus defined: whatever hobby or activity that is not necessarily a goal in the.'s Great culture Webster Ahmadvand play such a definition is: A) gesture, movement and activity as moving muscles b) freedom of movement or range of motion or c) or training media for entertainment, recreation or sport game character limiting the definition of motor movements, and Wayne is the muscle that makes up the difference between the game and the sport of stay away.

The importance of play:
The game is often included physical activity, so fine and gross motor development closely with the development of children's pre-school age. physical and emotional forces at play during the child's attention, memory, vigilance and discipline. , ... rising. playing is for children to learn
through social experiences, play an important role in raising children is the reason. Teach preschool children in the house or what the game is repeated game and time of thinks about them and he understood the meaning of many of them.

**Types of play and its role in cognitive development:**

Freud is perhaps the most influential theory about the game.

Piaget refers to three types of games that can each be associated with the development of cognitive processes. These three games are practice games, symbolic games and the game of the regular. Another innovative game play that will affect the child's cognitive development.

Innovative games, role games with folks or topics that are created by children. Like puppetry. As the mother of a young girl holding a doll in the game, Children what they are seeing adults in their life imitates. Innovative game makes a child's personality and in Education is very valuable. These games are a reflection of life.

**The role of adults in children's play:**

Teachers and parents should know how to play a child's development increases. Instructors will be able to make decisions about the appropriate time and provide adequate opportunities for children to play.

Instructor should be able to play the content on the subject, and the subject of the role and its influence. It does not matter to children's push. In this sense, initiative, independence and imagination has taken away from them.

Children should be educated for life, because the child is having social power. Companionship with others in the community to act in the child's potential is. Child's physical and intellectual development of the game forces cause. Children with type games that teach the principles and rules of social life can not be any other way, pay. Children is through play that contribute to or share in playing with toys and getting accepted for admission is required. Game more than anything is a common practice. This exercise will lead to your child's social, emotional and

Children away from the games are not able to cope with the environment. They are ready to become distrustful and suspicious of others. These children are often isolated and away from other children. They are more likely to be marginalized. And shall be provided every opportunity to engage with others. Due to failure, arrogance, lack of trust and respect for self and others are bitter. Cooperation in the game makes the child feel like excruciating embarrassment, fear of evil-doers will. Choosing the right child with adult supervision should be considered carefully.

**Principles**

Play the most popular means of expressing ideas and feelings of the child.
Good relationship with the child in play therapy should be established and should be accepted, Freedom to be given to his desire to take part in the game, good game space and quiet Child's efforts and activities to encourage children not to taunt because of mistakes.

The game rules are simple and understandable and minimum limits to be reduced

The speech is considered a complete game, and played for the appropriate age.

**Conclusion:**

It is possible for children to play and stimulates the activation of thinking and intelligence is. The game is one of the most important factors in a child's cognitive development. This will create opportunities to gradually more complex than simple games and the games will go.

Finally conclude that the game has a great role in the life and development of children. The game's many positive characteristics of child rearing occurs. Obtaining optimal educational outcomes to a large extent dependent on the skill of the player, coach and trainer; His familiarity with the mood and character of the age and characteristics of children and the right leadership style of play is different.

**References**


