EFFECTIVE FACTORS IN IMPROVING TEACHING QUALITY STUDIED: THINKING AND LIFESTYLE LESSON

Hasan Jamshidi Ghale Sefidi 1, Zohre Saadatmand (PhD) 2
1Department of Educational Science, Khorasgan Branch, Islamic Azad University, Isfahan, Iran
2Assistance Prof, Department of Educational Science, Khorasgan Branch, Islamic Azad University, Isfahan, Iran (Corresponding Author)

Abstract
The aim of this study was to improve quality of teaching factors and lifestyle thinking lesson of the first secondary school principals and teachers in County of Najafabad in Academic year 2013-2014. This research was done with descriptive and Survey method. The statistical community all administrators and instructors' course in first secondary school life styles of thinking consists of 155 people. Statistical estimation of sample size formula was determined by the Cochrane sample members and 107 people after random sampling proportional to the sample size were selected. Measuring instruments was consists of a principal researcher 7 and 57 closed questions answered By which two segments to create the sample data in the first part of the second section and demographic factors affecting the improvement of the quality of teaching was thinking and lifestyle course. In order to confirm the validity of the questionnaire was used professionals face. Reliability of the questionnaire was calculated by cronbach's alpha stand only. Statistical analysis of this research in two levels of descriptive statistics and inferential statistics were performed. In the descriptive statistics statistical attributes such as frequency, percentage, mean and standard deviation, and t-test statistical inference on the part of the single-variable test, Friedman, and analysis of variance was used. The results, after analysis of the data showed that among the factors affecting the quality of teaching the course of thinking and lifestyle includes educational content, teaching methods, the use of information technology and educational instruments and evaluation of trainers at the level of p <0.01 is meaningful.

Keywords: quality of teaching, methods of teaching, in-service courses, information technology, educational content, evaluation

1- Introduction
Today in Iran it is based on effective teaching practices teaching and less attention and the monotony and the use of too much of a teaching method, makes learning slows. Teaching of science and art and the teacher shall be entitled to the art and science of it. The relationship between teacher and disciple of teaching only to transmit your information offline. Different
concepts of teaching the same attitudes and trends and beliefs and habits and mannerisms and overall changes that could create in students and each of the above fields have different specifications. Teaching should be targeted and regular activity and aims to create and design of optimal learning conditions and the teacher and the disciple is affect. The course of thinking and life style is one of the new courses that have a close relationship with other courses and with regard to the objectives of the fundamental transformation of the document the Iranian education system which is designed to be taught in the quality and effectiveness of its attention.

2- Expression of Problem
Experts believe that education is the most important factor that will affect the community, forward, and along with changes and developments throughout the world affected. On this basis, it is essential that the education programs parallel to these developments and to be organized according to the requirements of the community [1].

Certainly, teachers in your mind with the countless questions about what and how effective they have been facing education and often overwhelmed the ability of the students in the correct idea processing, reasoning, judgment, the use of benchmarking, sense of responsibility and that is why when the exchange differences of opinion, not action logically complain that lesson, and take steps to facilitate the life style of the students in this track is designed for teachers of this course are expected to Teaching-learning activities goes into redirected in such a way that leads to the realization of the more learning that should be the quality of teaching and the factors that may be involved in their particular attention.

Today, many topics on the quality and importance of it, especially with managers and educational experts and many educational organizations in efforts aimed at increasing the quality of progress because it is not a slogan, but a quality the other fundamental needs and educational organizations and institutions need to increase their efficiency and productivity of their work quality improvement put front.

If you are training the students good and useful citizens in the future should be creative and scientific insight into the people and freedom of thought should be included in school program is through procedures they learn how the capability of students through intellectual discipline to learn, because the thought process on a regular basis in knowledge grow warmer.

Educational media and methods for regulating them in the realization of this fundamental role and goals if you are organizing to bring students to the scientific realities instead of storage with the issues involved in the real life issues of formation, they are faced with, of procedures to comply with the position of life, brokered Paris Pact education more attractive to students and willingness for learning will make more war [2]. Today, serious attention in the 21st century and to favor the education of key objectives and is considered as important States. Quantitative increase, especially due to the loss of students, and educational affairs and quality resources part of the rearing program in first priority is placed.

So that scholars believe that education is the perfect learning environment the most important part of the quality of the learning environment is considered appropriate and depends on (physical, mental, social and environment) human relations in the desirable shall be coupled with the school, i.e. whenever the school environment (human, creative and open) is continuous learning, will be profound and enjoyable.

In the quality of a part of the educational dimension in school and rearing pattern of relationships within the school to rebuild and the necessary training for the empowerment of students is a serious attention to quality with the help of the appropriate part of the pattern of students (their leader, independent, capable, and having a religion scholar) he's training.
Due to the fundamental changes in recent years in the horizontal and vertical structure of the lesson plans and curriculum units created and the new one of course that in the structure of the first secondary school curriculum, located in the course of thinking and lifestyle unit, which until now has not been done in this regard research and no doubt the implementation of the research in this direction can be many uncertainties in these. There is a curriculum unit on the side and a new vision for the authorities, those involved in educational issues create anchors, and accordingly it was due to this important, is trying to pay attention to a number of parameters that may have the effect of improving the quality of teaching and the teaching effective factors of the titles offered on education in current years, extracted, and the extent of the impact of these factors on the improvement of the quality of Teaching a lesson on the life style and check.

Education reform and quality of a part to the educational system is one of the main concerns of all experts and experts in the field of training and education to improve the quality of programs that run in educating and cultivating and its attempt to have been important in the movement of various reasons for this training project is improving the quality of thought.

Teaching in education is not a simple matter, but numerous factors affect the quality and effectiveness of the it is effective. Therefore, identifying and attempting to resolve the causes of and factors affecting the occurrence of some shortcomings in its quality and effectiveness, requires a look at the interactive process with the approach of the system. But here it is necessary to highlight the complexity of being a taught and later on education and the absence of criteria and standards acceptable to the public, should not cause neglect surveillance, evaluation, problem and the problem of territorial expansion in principle in order to ensure and guarantee the quality of teaching in education shall be applied.

Continuous improvement of the quality of the educational system to the needs. Improving quality means improvement of the performance of process changes or fluctuations in yield reduction and quality improvement process to become more low defects and defects get better and to meet the needs of the recipients of the services. Quality improvement by virtue of existing permanent resources and dispute resolution between cost and quality as well. Improving the quality and efficiency of education in educating and increasing the effectiveness of organizations and educational institutions will be.

Today, the nation's new manpower and thinkers need while learning theorists say said, such as reading, writing and arithmetic are important and the other still basic enough, did not appear. And now school officials are expected to train students from the perception, knowledge and skills your information and can get to humans, See different perspectives of concepts, have effective performance, ideas and opinions with precision and documented arguments to assess.

Research method to check quality issues are of interest to pay work, to know that the performance criteria is true and new issues that were not previously encountered with them a fix. In the community there is growing agreement that the researchers students should learn and memory-based surface and repeat to be exceeded, data analysis and evaluation skills that move them [3].

Today, improving the quality of education, such as in other fields, such as health and industry is necessary, Because the performance of the educational system will figure in the society and the effective performance of the Organization since the academic community and also the basis of the performance of a nation is established, therefore improving the quality of education in improving the indicators of educational organization is considered [4].

Suitability of any educational system to its ability and suitability for educational system, teachers and even beyond in the auditorium is believed to be that of the suitability of
each community to the ability and suitability for an educational system that is indebted to and teachers [5].

The main key and important progress in the quality of education in the hands of the mighty teachers and has education, respectively. Improve the quality of education to improve the status of employment, education, social status, but also depends on the conditions of work of teachers and teachers need the right knowledge and skills, personality traits, have the possibility of job success and motivation to meet the expectations of others so that they can build up.

One of the Iranian educations is how to be poor and by adopting a method based on the quality of education will be added. The results of this study can be used in educating experts in the education and secondary education in teaching a lesson, please. thinking of the first secondary schools in Sheraton, is associated with the infected to one for teaching this lesson, teachers often use a surplus of teachers or educational course is for the execution of those who have served and this lesson that is going to make the fundamental skills of lifelong and life skill development of thought, creativity and entrepreneurship Students bring in business, with the old and traditional methods of speech based on the content and explain to the students that they supply and this led to which students to target educational planners and text book in this lesson are not achieving.

Improve the teaching quality of the course of thinking and lifestyle and are looking for it, it can be used to study risk factors with the analysis of the results obtained, to improve the teaching quality, the significance of the extraordinary effort that in the meantime no one of your teachers and school managers to measure these factors did not improve effectiveness and better recognition of the teaching quality of the course of thinking and life style in their work does not understand. Therefore, the best way to analyze the results of a study on effective factors in improving teaching quality in thinking and lifestyle the question of their own.

The lessons focus on life education Sheraton thinking, not just the basic knowledge and skills and of life, but the attitude and skills such as problem solving, creativity, creative thinking, and critical thinking and developing lifelong learning skills to teach students and more students creative premise to deliver them to the world and society have always been ready for changing.

The findings of this research in General can, instead, to programmers and teachers this lesson to help in the planning of the content of this course and its methods of teaching with emphasis on creativity in education, the approach based on the purpose for the realization of an important step to do this course and with improving their teaching to this important objective reputation of Venice with upgrading the quality of teaching this lesson, teachers of educational quality, improve it.

One of the Iranian education is how to be poor and by adopting a method based on the quality of education will be added. The results of this study can be used in educating experts in the education and secondary education in teaching a lesson, please. thinking of the first secondary schools in Sheraton, is associated with the infected to one for teaching this lesson, teachers often use a surplus of teachers or educational course is for the execution of those who have served and this lesson that is going to make the fundamental skills of lifelong and life skill development of thought, creativity and entrepreneurship Students bring in business, with the old and traditional methods of speech based on the content and explain to the students that they supply and this led to which students to target educational planners and text book in this lesson are not achieving.

Improve the teaching quality of the course of thinking and lifestyle and are looking for it, it can be used to study risk factors with the analysis of the results obtained, to improve the teaching quality, the significance of the extraordinary effort that in the meantime no one of
your teachers and school managers to measure these factors did not improve effectiveness and better recognition of the teaching quality of the course of thinking and life style in their work does not understand. Therefore, the best way to analyze the results of a study on effective factors in improving teaching quality in thinking and lifestyle, the question of their own.

The lessons focus on the life and style of education, not only of the basic knowledge and skills and of life, but also attitudes and problem-solving skills, such as creativity, creative thinking and critical thinking and developing lifelong learning skills to teach students and more students creative premise to deliver them to the world and society have always been ready for changing.

The findings of this research in General can, instead, to programmers and teachers this lesson to help in the planning of the content of this course and its methods of teaching with emphasis on creativity in education, the approach based on the purpose for the realization of an important step to do this course and with improving their teaching to this important objective reputation of Venice with upgrading the quality of teaching this lesson, teachers of educational quality, improve it.

3- Research Questions
1. What level of educational content to improve quality of teaching is effective thinking course and lifestyle?
2. What extent to which extent teaching methods to improve teaching quality in thinking lessons instructors and lifestyle is effective?
3. What extent to which the use of information technology and educational assistance in improving the quality of teaching is effective thinking course lifestyle?
4. What extent to which evaluation methods of teachers in improving the quality of teaching is effective thinking course and lifestyle?

4- Methodology of Research
The research methodology in this research was description and survey. Descriptive because the researcher wants everything that exists in the form of regular reports objectively and efficiently. Also according to this researcher sought to check the comments and opinions of the participants type is a collection. The Statistical Society of research administrators and trainers the course of thinking and life style of the first secondary school to be that number of najafabad County where 155 people. The sample size using the Cochrane sampling formula was estimated 107 people. On the research of the simple random sampling method has been used.

5- Finding of Research
First question
What level of educational content to improve quality of teaching is effective thinking course and lifestyle?

Table-1 average amount of training trainers in improving the quality of the impact of the content of the course teaching of thinking and lifestyle

<table>
<thead>
<tr>
<th>Component</th>
<th>Mean</th>
<th>SD</th>
<th>M.D</th>
<th>t</th>
<th>Df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Educational</td>
<td>4.36</td>
<td>0.52</td>
<td>0.052</td>
<td>25.771</td>
<td>99</td>
<td>0.001</td>
</tr>
</tbody>
</table>

Based on the findings of the table-1 the average impact on the teaching quality improvement of trainers ' training syllabus course thinking and life style is 4.36. Since t is calculated from
the larger table t. So the impact of educational content to improve the quality of teaching in
the course of thinking trainers and lifestyle is more than the average level.

Second question

What extent to which extent teaching methods to improve teaching quality in
thinking lessons instructors and lifestyle is effective?

Table-2 compare teaching methods impact the average amount of trainers in improving the quality of
teaching the course of thinking and lifestyle

<table>
<thead>
<tr>
<th>Component</th>
<th>Mean</th>
<th>SD</th>
<th>M.D</th>
<th>t</th>
<th>Df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teaching Methods</td>
<td>4.29</td>
<td>0.36</td>
<td>0.036</td>
<td>35.585</td>
<td>99</td>
<td>0.001</td>
</tr>
</tbody>
</table>

Based on the findings of the table-2 the average impact on improving the quality of teaching
methods to teach the course trainers and lifestyle is 4.29. Since t is calculated from the larger
table t. So the influence of the teaching methods of the course teaching quality improvement
coaches thinking and lifestyle, more than the average level.

Third question

What extent to which the use of information technology and educational assistance
in improving the quality of teaching is effective thinking course lifestyle?

Table-3 comparison of the average amount of the impact of the use of information technology and course
teaching quality improvement in educational thinking and lifestyle

<table>
<thead>
<tr>
<th>Component</th>
<th>Mean</th>
<th>SD</th>
<th>M.D</th>
<th>t</th>
<th>Df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use of information technology</td>
<td>4.02</td>
<td>0.56</td>
<td>0.057</td>
<td>17.888</td>
<td>98</td>
<td>0.001</td>
</tr>
</tbody>
</table>

Based on the findings of the table-3 the average impact of the use of information technology
and course teaching quality improvement in educational thinking and lifestyle is 4.02. Since t is
calculated from the larger table t. So the impact of the use of information technology and
course teaching in training to improve the quality of thinking and style of life, more than the
average level.

Fourth question

What extent to which evaluation methods of teachers in improving the quality of
teaching is effective thinking course and lifestyle?

Table-4 comparison of average amount of impact assessment practices to improve the quality of teaching in
the course trainers and lifestyle

<table>
<thead>
<tr>
<th>Component</th>
<th>Mean</th>
<th>SD</th>
<th>M.D</th>
<th>t</th>
<th>Df</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assessment Practices</td>
<td>4.03</td>
<td>0.58</td>
<td>0.061</td>
<td>16.660</td>
<td>89</td>
<td>0.001</td>
</tr>
</tbody>
</table>

Based on the findings of the table-4 average impact assessment practices to teach lessons in
improving the quality of trainers and lifestyle is 4.03. Since t is calculated from the larger
table t. So the impact assessment practices to teach lessons in improving the quality of
trainers and lifestyle, more than the average level.

6- Discussion and Conclusions

One of the factors in the improved quality of teaching evaluation by the teacher and the
learners, providing feedback to learners and any type of evaluation questions that need to be
selected with respect and also because the contents offered by the instructors, for diverse and also in the course of thinking and lifestyle evaluation, by student (assessment of their performance) and the teacher takes place, if the evaluation questions by group tutoring is designed to give students in response to The odds that are facing problems with the questions or sometimes based on a previous agreement that the quiz is a part of the book and try to be clear that when other parts also come and question the group will have a responsible question design curriculum, which creates much anxiety in students, and can also be the lack of expertise of some members of the group lesson in how to design other questions because of the low score this component, In this study knew.

Students can make your creative skills through writing stories, allowing further development of storytelling provides that the students hear stories, deep in thought and spirit of a work, they can and they have to deal with the issues of growth and socializing makes ready as well as understand and help them understand the difficulties of life and gives the students the similarities and comparable items They tell them. On the other hand, they helps to discover useful solutions.

The use of appropriate methods and patterns associated with the subject of teaching to fill the gap between the previous and the necessity of reviewing the process to teach, so it is obvious that the results are proportional. As well as in science and proven experience that teacher has a better teaching method that, in the work of a teacher more successful and will have more quality related topics.

With this in mind that the use of information technology and educational tools to help teachers become comfortable teaching affair, and enhances the quality of the teacher's teaching and lead to better learning can be and learners to create diversity in the classroom by taking advantage of audio-visual equipment and other educational facilities makes it possible to maintain a greater focus for students provides, the reasons for this is the direction the research is with other research.

**Resources**

[1] Goltekina. M (2010). Teacher and student’s views on the teaching and learning process of the social study course procedia social and behavioral sciences. 2(:2744-2749)

[2] Shabani (h). 1382. Methods and techniques of teaching skills in teaching English, Tehran, publication and printing organization, Ministry of culture, the 311 page

[3] Safavi A. 1386. Methods and techniques of teaching, the. 320 pages
